

EMAIL:

Leave frizzy hair behind this summer. Opt for healthy, happy hair instead...

Summer is in full swing!

Lounging by the pool and watching the dog days of summer float away like the puffy clouds in the blue skies ... soaking in all the warmth and heat while watching the ice-cubes melt in my drink. After a blistering hot day outside, I went inside and looked in the mirror.

I loved what I saw.

Healthy, full and vibrant hair...

... and I want to share my secret with you: [Shea Conditioner!](#)

- Heat can dry out hair and make it look frizzy. Shea butter to the rescue!
- Before using a straightener or curling iron, melt a bit of shea butter in your hand and mix it with another oil, like olive oil. Apply it directly to your hair strands and style away!
- Thinking of sporting a natural Afro look this summer? Because Afro-textured hair is naturally dryer than other types of hair it requires more moisture, especially in harsher weather. Shea butter seals in the moisture without leaving it overly greasy - a win-win combination for an inspirational natural hair look without the damage.

[Buy your shea here.](#)



Try our recipe for shea conditioner today: *Ultimate How-To Shea butter shampoo for your hair*

TIP: Section off hair and massage the shea butter into your scalp. If your hair is frizzy or dull, use a comb to brush the shea butter into your hair. Leave it for an hour and shampoo as normal.

Have you tried our product and loved it? We'd be ever so grateful if you left a review on our [Google Page](#) by telling us how you use it!

Photo by [Miguel Bruna](#) on [Unsplash](#)

BLOG POST:

Ultimate DIY Shea Butter Conditioner

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Here's my go-to recipe:

Ingredients:

1 cup shea butter ([Get yours here](#))

1/3 cup oil (coconut, olive, almond or avocado oil works well)

4 tablespoons of castor oil or argan oil.

4-6 drops of essential oil (lavender, tea tree oil, rosemary or frankincense)

1. Melt the shea butter in a microwave for 20 seconds, keep it on the windowsill for the sun to help out or place it in a glass container on a double boiler.
2. Once it's melted, add in oils with a spoon or a stand mixer with the paddle attachment.
3. Smell the essential oils and, depending on which oil you used, find a complimentary essential oil to mix into the conditioner.
4. Divide your hair into strands.
5. Using your fingers or a wide-tooth comb, add the conditioner to your hair, starting from the mid-strands to the ends. This will eliminate unnecessary buildup.
6. Use conditioner within a month of making.

Choosing an essential oil:

- Tea tree oil has antimicrobial properties but can smell really strong. Consider mixing it with almond oil or coconut.
- Lavender smells lovely with olive oil and gives the conditioner a more subtle scent.

- Avocado oil and rosemary balance one another so that your hair doesn't smell like a delicious pizza (unless that's what you're going for, then try olive oil and basil as a combination).
- Not sure which oil is best? Check out this article by [Healthline](#).



The best part of making your own conditioner, apart from avoiding all the harmful chemicals, is that you can let your creativity flow! Choose different pairings of oils and essential oils until you find the one you love best.

Let us know which combinations you've tried in the comments or on our social media.

#sheabutter #hair #naturalconditioner
#conditioner #sheabutterconditioner #noharm
#naturalhair #beautyproducts

Photo by [pmv chamara](#) on [Unsplash](#)

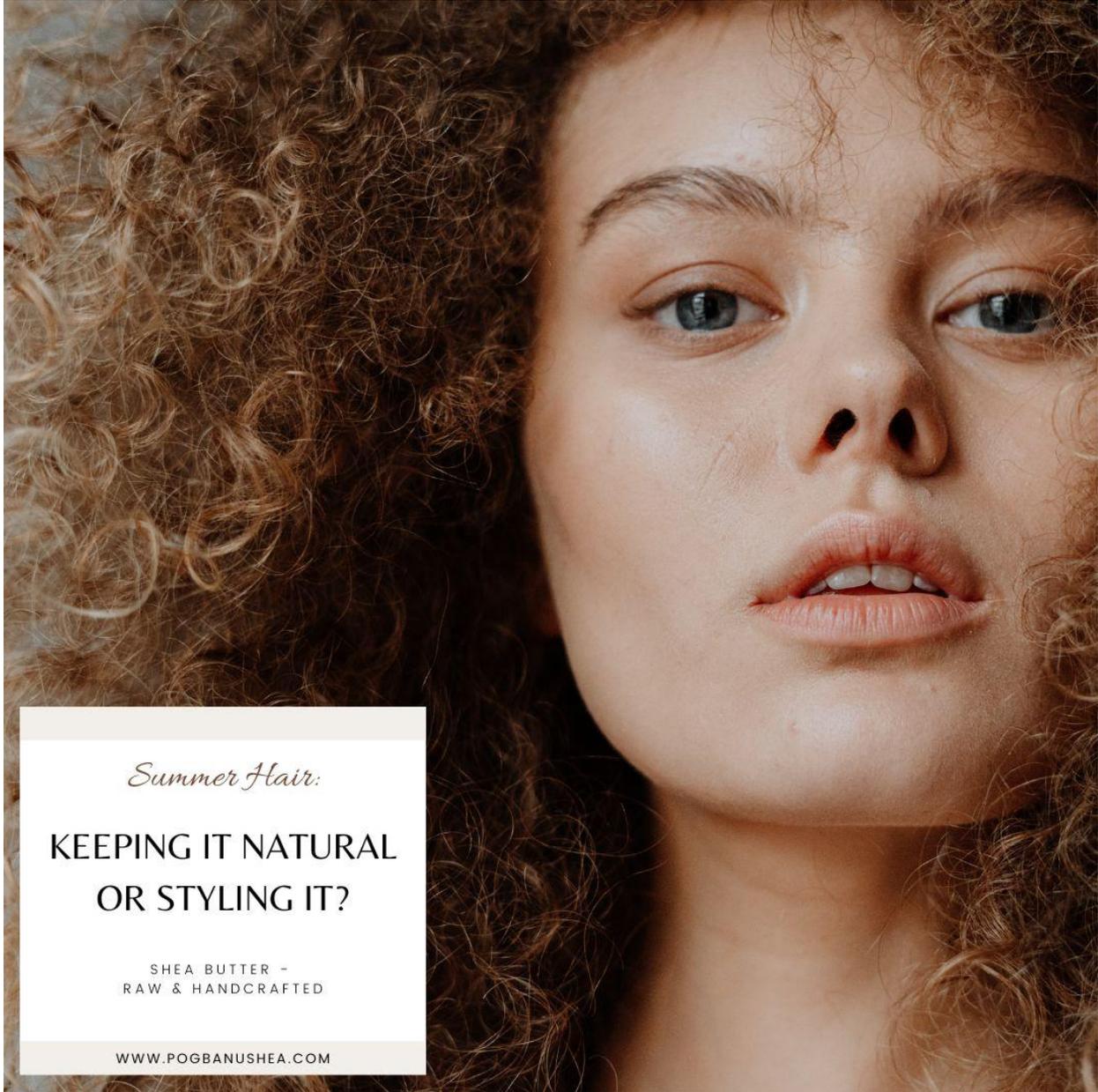


New on the blog:

DIY SHEA BUTTER SHAMPOO!

SHEA BUTTER -
RAW & HANDCRAFTED

WWW.POGBANUSHEA.COM



Summer Hair:

**KEEPING IT NATURAL
OR STYLING IT?**

SHEA BUTTER -
RAW & HANDCRAFTED

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Frizzy hair?

OPT FOR AN OIL AND SHEA
BUTTER SHAMPOO!

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